

HWSS

Health
Wellbeing
Sports Science



HWSS

Private Members
Community

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Take Control of Your Health and Unlock a World of Possibilities

Are you ready to prioritise your health,
gain access to expert support,
valuable resources, and a
supportive network?

Look no further than our
exclusive membership-based
Private Members Community.



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We created this affordable
membership programme as a soft entry point
into the world of self-care and precision health.

There's no pressure to buy products
because we're not looking for
customers, clients, or patients!

We're here for curious minds
and lifelong learners
ready to explore how self-care
can truly transform health.

The background of the entire page is composed of several overlapping, wavy, organic shapes in various shades of green, creating a sense of movement and depth.

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Say goodbye to the obstacles
that have held you back
and join a supportive group
committed to helping you achieve
your health and wellness goals.

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Why Join?

Ongoing Learning

Gain access to premium health content and digital resources through the knowledge vault.

Expert Guidance

Get access to leading health professionals and tailored advice.

Community Support

Re-establish that human connection with like-minded individuals on a shared wellness journey.

Extras

If you choose to go beyond the knowledge vault you'll unlock discounts on a range of health & wellness products.

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Join the Community Today!

for just £9.99 per month

minimum 3-month commitment,
with a price guarantee
ensuring no increases while
your membership remains active.



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More than a membership!

When you join, you'll receive a warm on-boarding welcome and guided tools to kickstart your health journey with clarity and confidence.

As a valued member, you'll also unlock exclusive perks and periodic surprises because your health journey should be as unique as you are.

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Take the first step by
joining our Community today
so that your goals become our goals.

Your wellbeing
is worth the investment.

Join PMC today!

T&C's Apply