

Health Wellbeing Sports Science

# Take Control of Your Health and Unlock a World of Possibilities

Are you ready to prioritise your health, gain access to expert support, valuable resources, and a supportive network?

Look no further than our exclusive membership-based Private Members Community.

Health Wellbeing Sports Science

Designed to provide you with all the knowledge and resources you need to thrive.

Say goodbye to the obstacles that have held you back and join a supportive group committed to helping you achieve your health and wellness goals.

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# Why Join?

## Community Support

Re-establish that human connection with likeminded individuals on a shared wellness journey.

## Expert Guidance

Get access to leading health professionals and tailored advice.

#### Exclusive Discounts

Save on health tests, supplements, and wellness products.

#### Ongoing Learning

Gain access to premium health content and digital resources.

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# Your Membership Benefits include:

#### **Discounts**

on blood tests, smartwatches, and selected DNA tests to track your health effectively.

## Preferential rates

on high-quality supplements and Frequency Healing to support overall wellbeing.

Access to a private Facebook group to connect with others for motivation and support.

#### Free access

to our Digital Products range, packed with valuable health resources.

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# and there's more

Automatic subscription to our Substack articles, delivering curated health insights to your inbox.

Advance notice of Special Offers never miss out on exclusive deals.

Free 20-minute 1:1 Consultations with health experts online.

Monthly group meetings (online) with in-house and guest health specialists.

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# Join the Community Today!

Become a Founder Member

for just £14.99 per month (full rate £24.99)

minimum 3-month commitment, with a price guarantee ensuring no increases while your membership remains active.

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# More than a membership!

When you join, you'll receive a warm on-boarding welcome and guided tools to kickstart your health journey with clarity and confidence.

Rooted in our Precision Health philosophy, you'll gain access to our evolving VIP content vault, participate in *Ask the Expert* features, and benefit from regular progress check-ins to keep you on track.

As a valued member, you'll also unlock exclusive perks and periodic surprises because your health journey should be as unique as you are.

Health
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Take the first step by joining our Community today so that your goals become our goals.

Your wellbeing is worth the investment.

Join PMC today!

TどC's Apply